

Thyroid imbalance *looks and feels like...*

- Fatigue
- Weight gain
- Low libido
- Brain fog
- Depression
- Dry skin
- Hair loss

Symptoms of an
underactive thyroid

- Restlessness
- Unexplained weight loss
- Irritability
- Anxiety
- Mood swings
- Sleep issues
- Joint pain

Symptoms of an
overactive thyroid



*Over 50% of
thyroid disease
goes undiagnosed.*

Take your symptoms
seriously →

SYMPTOMS DESERVE ANSWERS

Women are *more likely* than men to have a thyroid imbalance—about *1 in 8* women are affected.

The average physical may miss key thyroid biomarkers, leaving symptoms **unexplored**.

Test these biomarkers to get clarity →

7 key tests to decode thyroid health ↓

- Thyroid–Stimulating Hormone (TSH)
- Triiodothyronine (T3) Free
- Thyroxine (T4) Free

Not often checked during annual physicals

- Thyroid Peroxidase (TPO) Antibodies
- Thyroglobulin Antibodies (TgAb)
- Iodine*
- Selenium*

*An optional enhancement to Function membership.

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