

Selling Nutritional and Herbal Supplements

According to the Federal Food, Drug, and Cosmetic Act, as amended, Section 201(g)(1), the term "drug" is defined as an "article intended for use in the diagnosis, cure, mitigation, treatment, or prevention of disease."

Technically, vitamins, minerals, trace elements, amino acids, herbs, or homeopathic remedies are not classified as drugs.

However, these substances can have significant effects on physiology and must be used rationally.

We provide nutritional counseling and make individualized recommendations regarding the use of these substances to enhance the quality of foods in a client's diet and to supply nutrition that supports the physiological and biomechanical processes of the human body.

Although these products may also be suggested with a specific therapeutic purpose in mind, their use is primarily aimed at supporting aspects of metabolic function.

Nutritional supplements can generally be recommended safely for clients already using pharmaceutical medications (drugs), but some potentially harmful interactions may occur.

For this reason, it is important to keep all of your healthcare providers fully informed about any medications and nutritional supplements, herbs, or hormones you may be taking.

You must get your medical doctor's approval before starting any new supplement, food or exercise program.

You are under no obligation to purchase nutritional supplements at our clinic.

As a service to you, we make nutritional supplements available in our office/online. We purchase these products only from manufacturers who have earned our trust through extensive research and experience. We evaluate quality based on: (1) the scientific foundation behind the product; (2) the quality of the ingredients themselves; (3) the quality of the manufacturing process; and (4) the synergism among product components. The brands of supplements we carry meet our high standards and generally produce predictable results.

You may not get the same level of quality when purchasing supplements from the general marketplace. We are not suggesting that products from these sources lack value; however, due to the absence of stringent testing requirements for dietary supplements, product quality can vary widely.

If you have concerns, please feel free to discuss them with us.

I, _____,
have read and understand the above statement on _____
(date), witnessed by _____,
(date).