



## Recommendation for Nancy Guberti

Created by Nancy Guberti on Dec 2, 2024

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### Message

Here are products that can be used to fight off cold/flu/bronchial issues.

The ones for children are listed in notes.

Just wanted to show you that there are healthy options this cold/flu/viral season.

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### Product Recommendations



**Oscillococcinum (6 doses)**  
by Boiron Homeopathics

**Dosage Instructions:** 1 Packet x 3 times per day / anytime.

Additional Instructions: dissolve entire contents of one tube in the mouth. this contains lactose as delivery

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**Flu-Tone (2 ounces)**  
by Energetix

**Dosage Instructions:** 30 Drops x twice per day / anytime.

Additional Instructions: for adults

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**Flu Immune (2 ounces)**  
by Professional Formulas

**Dosage Instructions:** 10 Drops x once per day / anytime.

Additional Instructions: for adults

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**Cold and Flu Drops (2 ounces)**  
by Professional Formulas

**Dosage Instructions:** 10 Drops x 3 times per day / anytime.

Additional Instructions: for adults

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**Immuno-Zn™ Lozenge (90 lozenges)**  
by Designs for Health

**Dosage Instructions:** 1 Lozenge x once per day / anytime.

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**Chestal Meltaway Pellets (160 Pellets)**  
by Boiron Homeopathics

**Dosage Instructions:** for children too these pellets have lactose as delivery

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**Chestal Cold & Cough - Adult (6.7 Ounces)**  
by Boiron Homeopathics

**Dosage Instructions:** for adults

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**Lung Stim Liquecence (4 Ounces)**  
by Professional Formulas

**Dosage Instructions:** 1 Dropperful x once per day / anytime.

Additional Instructions: for adults if nervous about breathing issues/asthma/etc

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**Bact-In (1 Ounce)**  
by Newton Laboratories Inc

**Dosage Instructions:** for children too

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**PRO Sinus-S (1 Ounce)**  
by Newton Laboratories Inc

**Dosage Instructions:** for children too

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**BronCare (1 Ounce)**  
by Newton Laboratories Inc

**Dosage Instructions:** 3 Drops x 4 times per day / anytime.

Additional Instructions: for children too

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**Viral (1 Ounce)**  
by Newton Laboratories Inc

**Dosage Instructions:** 3 Drops x 4 times per day / anytime.

Additional Instructions: for children too

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**PRO Headache~Migraine (1 Ounce)**  
by Newton Laboratories Inc

**Dosage Instructions:** for children too

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**Fever Flu Symptom Drops (2 ounces)**  
by Professional Formulas

**Dosage Instructions:** 10 Drops x once per day / anytime.

Additional Instructions: for adults

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**Mighty Vite (1.48 Ounces)**  
by Little DaVinci

**Dosage Instructions:** 1 Tablespoon x once per day / anytime ongoing.

Additional Instructions: this can serve as a multi vitamin to boost immune system for children.

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**Kids Immune Avenger (1 Ounce)**  
by Herb Pharm

**Dosage Instructions:** 20 Drops x twice per day / anytime ongoing.

Additional Instructions: for children drops dosage depends on weight.

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**Kids Xlear (0.75 Ounce)**  
by Xlear

**Dosage Instructions:** Children nasal spray

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**Xylitol and Saline Nasal Spray (1.5 Ounces)**  
by Xlear

**Dosage Instructions:** 2 Sprays x twice per day / anytime.

Additional Instructions: I would use this daily if I'm meeting with anyone and definitely if I am traveling. I use this daily because that's how colds flus come to be, you breathe it on or touch something.

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Refill your recommendation anytime by visiting:

**<https://us.fullscript.com/welcome/nancyguberti>**

Or call our client ordering help line at **1 (866) 807-3828**