

## **Recommendation for Nancy Guberti**

Created by Nancy Guberti on Dec 2, 2024

Message

For Estrogen Dominant Test results from Saliva or Urine Hormone & Cortisol Testing

**Product Recommendations** 



<u>Vitamin C-1000 (from</u> <u>tapioca) (90 capsules)</u> by Ecological Formulas/Cardiovascular Research

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N-Acetyl-L-Cysteine (90 capsules) by Klaire Labs/SFI Health

**Dosage Instructions:** 1 Capsule x once per day / anytime.



Magnesium (Glycinate) (90 capsules) by Pure Encapsulations **Dosage Instructions:** 1 Capsule x once per day / anytime.

Additional Instructions: in divided doses, with meals.



Methyl B Complex (60 capsules) by Ortho Molecular Products

**Dosage Instructions:** 1 Capsule x once per day / anytime.



FemGuard + Balance (120 capsules) by Designs for Health

**Dosage Instructions:** 4 Vegetable Capsules x once per day / anytime ongoing.



<u>Stress Nutrients (formerly</u> <u>Adrenal Nutrients) (90</u> <u>capsules)</u> by Seeking Health

**Dosage Instructions:** 3 Capsules x once per day / anytime ongoing.



Progesterone Pure (2 ounces) by Karuna

**Dosage Instructions:** 1 Teaspoon x once per day / anytime ongoing.

Refill your recommendation anytime by visiting:

## https://us.fullscript.com/welcome/nancyguberti

Or call our client ordering help line at 1 (866) 807-3828