

Better health & aging with advanced at-home metabolic testing

Discover your health and save time and money with all-in-one blood test. Our 500+ biomarkers correlate with 20+ conventional lab panels, like heart and liver function, and 100+ routine blood tests – all in one.

Unlock your body's biochemistry with 500+ markers

Get a comprehensive overview of various health aspects, such as gut microbiome, aging, immune response, inflammation, hormonal balance, liver and kidney function, bone health, and more:

Cortisol – a crucial stress hormone

Bile acids – indicators of digestive health and longevity

Omega-3 fatty acids, including DHA – essential for heart and brain health

Taurine and methionine – markers of longevity

Gut microbiome-based toxins, like p-Cresol sulfate – insights into gut health

The Kynurenine-to-tryptophan ratio – a critical factor in inflammation

Amino acids and related markers, like creatinine – building blocks of proteins and muscles

Hormones & related markers, such as DHEAS – vital for hormonal health

Acylcarnitines – involved in energy metabolism and fat burning efficiency

Triglycerides & Diglycerides – critical for understanding your lipid profile

Start your journey with us

Learn how changes to your diet, physical activity, supplements, and sleep could shape your wellness and aging process.