

The gold standard of accuracy in the lab industry

Measures the body's immune response to 209 whole food extracts.

	Profile 1	Profile 2
Dairy	<ul style="list-style-type: none"> • Beta-Casein • Casomorphin • Cow's Milk • Goat's Milk • Whey Protein 	<ul style="list-style-type: none"> • Buffalo milk • Buttermilk • Cheese, cheddar • Kefir • Sheep's milk • Yoghurt
Fish	<ul style="list-style-type: none"> • Catfish • Codfish • Halibut • Lake Trout • Mackerel • Perch • Salmon • Tuna 	<ul style="list-style-type: none"> • Alaska pollock • Anchovy • Carp • Eel • Flounder • Sardine • Sea bass • Sole
Meat	<ul style="list-style-type: none"> • Beef • Chicken • Egg white • Egg yolk • Lamb • Pork • Turkey 	<ul style="list-style-type: none"> • Duck meat • Goose meat • Grapevinesnail • Rabbit • Veal
Shellfish	<ul style="list-style-type: none"> • Crab • Lobster • Shrimp 	<ul style="list-style-type: none"> • Crayfish

	Profile 1	Profile 2	Additional Foods Added to Food Sensitivity Complete (209 total foods)
Mollusks	<ul style="list-style-type: none"> • Clam • Oyster • Scallops 	<ul style="list-style-type: none"> • Blue mussel • Octopus • Pacific squid • Squid 	
Legumes	<ul style="list-style-type: none"> • Kidney Bean • Navy Bean • Peanuts • Soybean 	<ul style="list-style-type: none"> • Chickpea • Broad bean • Mungbeans 	<ul style="list-style-type: none"> • Black Beans • Black-eye Peas • Lentils • Pinto Beans
Spices	<ul style="list-style-type: none"> • Black Pepper • Cinnamon • Nutmeg 	<ul style="list-style-type: none"> • Anise • Bay leaf • Caraway • Cayennepepper • Common thyme • Curry powder • Dill • Hot paprika powder • Oregano • Parsley • Woo-hsiang powder 	<ul style="list-style-type: none"> • Cumin • Cilantro • Habanero pepper • Jalapeno pepper • Turmeric
Gluten-containing grains	<ul style="list-style-type: none"> • Barley • Wheat • Malt • Oats • Rye • Wheat 	<ul style="list-style-type: none"> • Spelt • Cous cous 	

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Gluten-free grains/Starches	<ul style="list-style-type: none"> • Amaranth • Brown Rice • Buckwheat • Corn 	<ul style="list-style-type: none"> • Millet 	<ul style="list-style-type: none"> • Arrowroot • Cassava • Tapioca • Tiger nut • Taro Root
Miscellaneous	<ul style="list-style-type: none"> • Cocoa • Coffee • Hops • Rosemary • Vanilla Bean • Yeast 	<ul style="list-style-type: none"> • Black tea • Cane sugar • Lemon grass • Molasses • Oolong tea 	<ul style="list-style-type: none"> • Agave • Espresso • Green Tea
Nuts	<ul style="list-style-type: none"> • Almond • Black Walnut • Cashews • English • Pecan 	<ul style="list-style-type: none"> • Hazelnut • Pinenut • Pistachionut • Sweet chestnut 	<ul style="list-style-type: none"> • Brazilnut • MacadamiaNut
Nightshades	<ul style="list-style-type: none"> • Green Pepper • White Potato 	<ul style="list-style-type: none"> • Eggplant 	
Seeds	<ul style="list-style-type: none"> • Mustard • Sesame 	<ul style="list-style-type: none"> • Coriander seed • Flaxseed • Poppy seed • Rape seed • Sunflower seed 	<ul style="list-style-type: none"> • Chia • Hemp

	Profile 1	Profile 2	Additional Foods Added to Food Sensitivity Complete (209 total foods)
Fruits	<ul style="list-style-type: none"> • Apple • Apricot • Avocado • Banana • Blackberry • Blueberry • Cantaloupe • Cherry • Coconut • Cranberry • Grape • Grapefruit • Lemon • Olive • Orange • Peach • Pear • Pineapple • Raspberry • Strawberry • Tomato • Watermelon 	<ul style="list-style-type: none"> • Fig • Guava • Honeydew melon • Kiwi fruit • Litchi • Mandarin • Mango • Plum • Capers • Papaya 	<ul style="list-style-type: none"> • Arrowroot • Cassava • Tapioca • Tiger nut • Taro Root
Vegetables	<ul style="list-style-type: none"> • Broccoli • Cabbage • Carrot • Cauliflower • Celery • Cucumber • Garlic • Green Bean • Green Peas • Lettuce • Lima Bean • Mushrooms • Onion • Seaweed (Kelp) • Spinach • Squash • Ginger • Sweet Potato 	<ul style="list-style-type: none"> • Asparagus • Bamboo shoots • Beet root • Endive • Leek • Roquette • Savoycabbage • Turnip • Vine leaf • White radish • Artichoke • Chard • Kale • Shiitake mushroom • Zucchini 	<ul style="list-style-type: none"> • Acorn Squash • Butternut Squash • Green onion/Scallions • Parsnip • Portabella Mushroom • Purple Potato • Shallots • Spaghetti Squash
Vegan Foods		<ul style="list-style-type: none"> • Tofu • Tempeh • Vegan Cheese 	<p><i>Published 12/5/2022</i></p>